

Curriculum Vitae of Antonet Tebatso Hlongoane

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Pretoria, Gauteng
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PROFESSIONAL SUMMARY

Antonet is a seasoned Registered Nurse and has been with Netcare Hospital for over 5 Years. I have successfully completed my path from being an Enrolled Nurse to Registered Nurse through Netcare Education.

Given the opportunity, I will perform my duties with perseverance, dedication, and loyalty. It is my aim to make and be part of a successful team that is directly involved in making the organisation a success as I believe the role that I play will be vital.

I am confident that I have the knowledge and skills to professionally fulfil the position as required by your organisation. I am eager to enhance and refine my personal development within your organisation and to take on the challenges that lie ahead

My excellent Nursing Journey is listed below in the Resume. I am currently seeking a Position for a Registered Nurse.

EDUCATION

Qualification	National Diploma – General Nurse
Institution	Netcare Education
Year	2020

Qualification	Certificate - Enrolled Nurse
Institution	Netcare Education
Year	2016

Qualification	Netcare Education Designate Programme Certificate – Pre-Nursing Studies
Institution	Netcare Education
Year	2013

CERTIFICATIONS

General Nurse 2020
Enrolled Nurse 2016
NEDP Certificate 2013

SKILLS

Professional

Teamwork
Critical Thinking
Communication
Compassion
Time management
Attentive

Computer

MS Word
MS Excel
MS Powerpoint

Languages

English
Afrikaans
N. Sotho

INTERESTS

Reading
Hiking
Cooking

Qualification	Matric
Institution	Waterberg High School
Year	2012
Subjects	Sepedi English Mathematical Literacy Life Orientation Geography Life Science Physical Science

WORK EXPERIENCE

Position	Registered Nurse
Employer	Netcare Pretoria East Hospital
Ward	Gastroenterology Theatre and Orthopaedic Unit
Duration	February 2020 – Present

Summary description of the role

- Monitor patient's conditions and assess their needs to provide the best post anaesthetic and surgery care
- Perform routine procedures (Blood pressure measurements, blood glucose measurements, intake, and output etc)
- Adjust and administer patient's medication, and provide treatments according to doctor's orders and observe for side effects and reactions
- Assist anaesthetists and surgeons during procedures
- Provide instant medical care in emergencies
- Ordering medical diagnostic and clinical tests
- Assessing, Implementing, Planning, and evaluating patient nursing care plans by working with healthcare team members
- Advocate for the health and wellbeing of patients
- Operate medical equipment's
- Assess the patient to ensure they can be discharged back to the ward/home
- Prescribing assistive medical devices and related treatments
- Insertion of urinary catheters, intravenous lines etc

Position Enrolled Nurse
Employer Netcare Pretoria East Hospital
Ward Orthopaedics unit
Duration September 2016 – December 2017

Summary description of the role

- Educate patients and family about management of illnesses
- Record medical history and symptoms
- Collaborate with multidisciplinary teams to plan for patient care
- Modifying patient health treatment plans as indicated by patient conditions and responses
- Maintaining accurate, complete health care records and reports
- Administer medications and treatments (e.g., chemotherapy for cancer patients)
- Discharge and admissions of patients
- Monitoring of Vital signs + Intake and Output
- Cleaning and dressing of wounds
- Perform the physical demands of nursing (standing /walking for up to 12 hours while in the clinical area
- Recording and Reporting changes in patient conditions to Registered Nurses and Doctors
- Assisting with personal hygiene tasks such as Bathing, Feeding, Dressing

REFERENCES

Contact Person Sr Daphney Rapelo
Position Registered Nurse
Contact No. 072 968 5084

Contact Person Sr Slindile Maseko
Position Registered Nurse
Contact No. 084 251 0262